

# JON R. WEBB

LICENSED CLINICAL PSYCHOLOGIST  
DEPARTMENT OF PSYCHOLOGY  
EAST TENNESSEE STATE UNIVERSITY

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## ACADEMIC APPOINTMENTS

<b>Assistant Professor</b>	East Tennessee State University (2005-present; tenure-track) Department of Psychology Johnson City, Tennessee
<b>Clinical Assistant Professor</b>	University of Oklahoma Health Sciences Center (2004-2005) College of Medicine Department of Psychiatry and Behavioral Sciences - Director, Addiction Psychology and Research, Chemical Dependency (CD) Fellowship
<b>Lecturer</b>	University of Michigan (2001-2002) Department of Psychology

## POSTDOCTORAL TRAINING

<b>Research Fellow</b>	University of Michigan Medical School (2001-2004) Department of Psychiatry (2002-2004) Substance Abuse Section, Addiction Research Center - National Institute on Alcohol Abuse and Alcoholism (NIAAA) sponsored Multidisciplinary Alcoholism Research Training Program (National Institutes of Health; T32) - Addiction research regarding forgiveness and spirituality, in substance (ab)use and recovery. - Journal Club presentations on substance (ab)use related issues.  Department of Physical Medicine and Rehabilitation (2001-2002) Division of Rehabilitation Psychology and Neuropsychology - National Institute on Disability and Rehabilitation Research (NIDRR) sponsored Advanced Rehabilitation Research Training Program (U. S. Department of Education) - Rehabilitation psychology research regarding spiritual factors in adjustment and coping in medical rehabilitation. - Journal Club presentations on statistics related issues. - Inpatient clinical treatment on adult medical rehabilitation unit.
<b>Psychology Fellow</b>	Kaiser Permanente – San Rafael Medical Center (1999-2000) The Permanente Medical Group, Inc. Department of Psychiatry: Chemical Dependency Services San Rafael, California - Intake evaluations, individual, family, and group therapy and psychoeducation with CD and dual diagnosis (dual dx) clients. - General hospital and emergency room consultation.

## EDUCATION

<b>Ph. D.</b> Clinical Psychology	California School of Professional Psychology (1993-1998) Los Angeles, California Proficiency: Individual and Family Clinical - Mentor and Dissertation Chair: Seymour L. Zelen, Ph. D. - American Psychological Association (APA) Accreditation: FULL
<b>M. A.</b> Clinical Psychology	Pepperdine University (1991-1993) Culver City, California Emphasis: Marriage and Family Therapy
<b>B. S.</b> Psychology	Brigham Young University (1986-1991) Provo, Utah

## HONORS AND AWARDS

2002-2004	NIAAA Postdoctoral Fellow
2001	1 <sup>st</sup> Place 2001 Bernard M. Baruch Essay Contest for Students American Congress of Rehabilitation Medicine
2001-2002	NIDRR Postdoctoral Fellow
1992-1993	PSI CHI Member The National Honor Society in Psychology Pepperdine University

## RESEARCH AND SCHOLARLY WORK AGENDA

(*italics*: student collaborator)

Funding                      Total Costs: \$76,897.27

### Grant Support and Research Projects

American Physical Therapy Association (not funded)  
Cardiovascular and Pulmonary Section  
Seed Money Grant  
East Tennessee State University  
Departments of Physical Therapy and Psychology (and Department of Internal Medicine)  
Co-Principal Investigator  
The Effect of Infrared Light Therapy on the Improvement of Penile Sensation and Erectile Dysfunction  
\$5,000 total costs

East Tennessee State University (2008-present)  
Office of the Vice Provost for Research and Sponsored Programs  
Research Development Committee – Major Research Grant  
Departments of Physical Therapy and Psychology and the Bristol [Tennessee] Regional Medical Center  
Co-Investigator  
The Effect of Exercise and Health Related Attitudes and Practices on the Speed of Wound Healing in Patients  
with Full Contact Casted Wounds  
\$8,500 total costs

Tennessee Physical Therapy Association (2008-present)  
Seed Money Grant  
East Tennessee State University  
Departments of Physical Therapy and Psychology (and Department of Internal Medicine)  
Co-Principal Investigator  
The Effect of Infrared Light on the Reversal of Male Erectile Dysfunction  
\$1,000 total costs

Tennessee Board of Regents, Office of Academic Affairs (not-funded)  
Faculty Research on Diversity  
East Tennessee State University  
Departments of Psychology, Physical Therapy, and Internal Medicine  
Principal Investigator  
The Effect of Forgiveness Education and Exercise on Cardiovascular and Metabolic Health Disparities among  
Diverse Appalachian Ethnic Minority and Economically Disadvantaged Groups  
\$99,816.61 total costs

East Tennessee State University (2007-present)  
Office of the Vice Provost for Research and Sponsored Programs  
Research Development Committee – Small Research Grant(s)  
Departments of Psychology and Physical Therapy (and Department of Internal Medicine)  
Principal Investigator  
The Effects of Infrared Light on Male Sexual Dysfunction, Part 1  
\$1,200 total costs  
Co-Investigator  
The Effects of Infrared Light on Male Sexual Dysfunction, Part 2  
\$1,200 total costs

East Tennessee State University (2007-present)  
Office of the Vice Provost for Research and Sponsored Programs  
Research Development Committee – Major Research Grant  
Departments of Psychology and Internal Medicine  
Principal Investigator  
Forgiveness and Health among Outpatients in an Internal Medicine Clinic  
\$8,980 total costs

East Tennessee State University (2006-present)  
The Honors College and the Office of the Vice Provost for Research and Sponsored Programs  
Student-Faculty Collaborative Grant (*Amanda Bowery*)  
Department of Psychology  
Co-Investigator and Faculty Sponsor  
The Effects of Forgiveness Education on Health and Relationship Quality  
\$750 total costs

East Tennessee State University (2006-present)  
Department of Psychology  
Principal Investigator  
Development of a Comprehensive Measure of Religiousness, Theism, and Spirituality

East Tennessee State University (2006-present)  
Department of Psychology  
Principal Investigator  
Forgiveness and Health among College Students

National Institute on Alcohol Abuse and Alcoholism (2004-2005, withdrawn\*)  
Ruth L. Kirschstein National Research Service Award (1 F32 AA015241-01)  
University of Michigan  
Department of Psychiatry  
Principal Investigator  
Forgiveness, Mental Health, and Alcoholism  
~ \$50,000 total costs  
\* withdrawn during review process due to accepting a faculty position

University of Michigan (2003-2004)  
Department of Psychiatry  
Principal Investigator  
Forgiveness, Blame, and Health

University of Michigan (2002-2004)  
Departments of Physical Medicine and Rehabilitation and Psychiatry  
Principal Investigator  
The Development of a Forgiveness Questionnaire

United Spinal Association [formerly: Eastern Paralyzed Veterans Association] (2002-2004)  
University of Michigan  
Department of Physical Medicine and Rehabilitation  
Co-Principal Investigator  
The Role of Forgiveness in Promoting Health and Well-Being among Persons with Spinal Cord Injury  
\$30,576 total costs

University of Michigan (2002-2003)  
Office of the Vice President for Research; P/G U008257  
Department of Physical Medicine and Rehabilitation  
Co-Principal Investigator  
Forgiveness and Well-Being among Persons with Spinal Cord Injury  
\$3,767 total costs

Idaho State University (2002)  
Humanities and Social Science Research Committee  
Department of Psychology  
Co-Principal Investigator  
Forgiveness and Well-Being Following the September 11<sup>th</sup>, 2001 Terrorist Attacks on America  
\$20,924.27 total costs

## Publications

### Manuscripts

1. Webb, J. R. (2003). Spiritual factors and adjustment in medical rehabilitation: Understanding forgiveness as a means of coping. *Journal of Applied Rehabilitation Counseling*, 34(3), 16-24.
2. Toussaint, L. & Webb, J. R. (2005). Theoretical and empirical connections between forgiveness, mental health, and well-being. In E. L. Worthington, Jr. (Ed.), *Handbook of forgiveness* (pp. 349-362). New York: Routledge.
3. Toussaint, L. & Webb, J. R. (2005). Gender differences in the relationship between empathy and forgiveness. *Journal of Social Psychology*, 145(6), 673-685.
4. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2006). Forgiveness and alcohol problems among people entering substance abuse treatment. *Journal of Addictive Diseases*, 25(3), 55-67.
5. Robinson, E. A. R., Cranford, J. A., Webb, J. R., & Brower, K. J. (2007). Six-month changes in spirituality, religiousness and heavy drinking in a treatment-seeking sample. *Journal of Studies on Alcohol and Drugs*, 68(2), 282-290.
6. Webb, J. R. (2007). Spiritual factors and adjustment in medical rehabilitation: Understanding forgiveness as a means of coping. In A. E. Dell Orto & P. W. Power (Eds.), *The psychological and social impact of illness and disability* (5th ed., pp. 455-471). New York: Springer Publishing Company. (Reprinted from *Journal of Applied Rehabilitation Counseling*, 34(3), 16-24)

### *In Review*

1. Webb, J. R. (2008). *Adjustment issues in the Latter-day Saint returned missionary: A composite case report*. Manuscript submitted for publication.
2. Webb, J. R., Brewer, K. (2008). *Forgiveness, health, and college student drinking*. Manuscript submitted for publication.
3. Webb, J. R. & Trautman, R. P. (2008). *Forgiveness and alcohol use: Applying a specific spiritual principle to substance abuse problems*. Manuscript submitted for publication.
4. Webb, J. R., Robinson, E. A. R., Brower, K. J. (2008). *Forgiveness and mental health among people entering substance abuse treatment with alcohol problems*. Manuscript submitted for publication.
5. Webb, J. R., Toussaint, L., Kalpakjian, C. Z., & Tate, D. G. (2008). *Forgiveness and health related outcomes among people with spinal cord injury*. Manuscript submitted for publication.

### *In Preparation*

1. Webb, J. R. & Toussaint, L. (2008). *The Construct of Forgiveness and the Integration of Psychology and Religion in Healthcare*. Manuscript in preparation.
2. Webb, J. R. (2008). *A conceptual model of spirituality for the social sciences*. Manuscript in preparation.

### Abstracts

1. Webb, J. R. (1999). Forgiveness and control: Toward an understanding of the dynamics of forgiveness. *Dissertation Abstracts International: Section B: The Sciences & Engineering*, 60 (1-B), Jul 1999, US: University Microfilms International.
2. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2003). Spirituality and problematic drinking at treatment entry and six months. *Alcoholism: Clinical and Experimental Research*, 27(5S), 28A.
3. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2003). Gender differences in spirituality and alcohol use at treatment entry: A case match study. *Alcoholism: Clinical and Experimental Research*, 27(5S), 28A.
4. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2003). Forgiveness and spirituality among people entering treatment for alcohol problems. *Alcoholism: Clinical and Experimental Research*, 27(5S), 28A.
5. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2005). Forgiveness and mental health among people entering substance abuse treatment. *Alcoholism: Clinical and Experimental Research*, 29(5S), P164.

6. Ward, D. G., Ferrell, S., & Webb, J. (2005). Brief assessment of readiness to change using primary care alcohol screens. *Alcoholism: Clinical and Experimental Research*, 29(5S), P650.
7. Webb, J. R. & Toussaint, L. (2006). Forgiveness, health, and drinking among college students. *Alcoholism: Clinical and Experimental Research*, 30(6S), P146.
8. Webb, J. R. & Toussaint, L. (2006). Demographic differences in the relationship between forgiveness and college drinking. *Alcoholism: Clinical and Experimental Research*, 30(6S), P554.

### Presentations

#### National

1. Webb, J. R., Forchheimer, M., & Tate, D. G. (2002, August). Spirituality and Quality of Life in Medical Rehabilitation. Poster presentation at the 110<sup>th</sup> Annual Convention of the APA, Division 22: Chicago, Illinois.
2. Webb, J. R. & Toussaint, L. (2002, August). Experiencing Hurt in Marriage: Levels of Forgiveness, Control, and Empathy. Poster presentation at the 110<sup>th</sup> Annual Convention of the APA, Division 8: Chicago, Illinois.
3. Toussaint, L. & Webb, J. R. (2002, August). Gender Differences in the Relationship between Empathy and Forgiveness. Poster presentation at the 110<sup>th</sup> Annual Convention of the APA, Division 8: Chicago, Illinois.
4. Webb, J. R. (2002, September). Spirituality and Disability in Rehabilitation: Implications for Spinal Cord Injury. Poster presentation at the 16<sup>th</sup> Annual Conference of the American Association of Spinal Cord Injury Psychologists and Social Workers (AASCIPSW): Las Vegas, Nevada.
5. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2003, June). Forgiveness and Spirituality among People Entering Treatment for Alcohol Problems. Poster presentation at the 26<sup>th</sup> Annual Scientific Meeting of the Research Society on Alcoholism (RSA): Ft. Lauderdale, Florida.
6. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2003, June). Gender Differences in Spirituality and Alcohol Use at Treatment Entry: A Case Match Study. Poster presentation at the 26<sup>th</sup> Annual Scientific Meeting of the RSA: Ft. Lauderdale, Florida.
7. Robinson, E. A. R., Webb, J. R., Brower, K. J., & Zucker, R. A. (2003, June). Spirituality and Problematic Drinking at Treatment Entry and Six Months. Poster presentation at the 26<sup>th</sup> Annual Scientific Meeting of the RSA: Ft. Lauderdale, Florida.
8. Webb, J. R., Toussaint, L., Kalpakjian, C. Z., & Tate, D. G. (2003, August). Forgiveness, Health, and Well-Being among People with Spinal Cord Injury. Poster presentation at the 111<sup>th</sup> Annual Convention of the APA, Division 22 – Rehabilitation Psychology: Toronto, Ontario, Canada.
9. Robinson, E. A. R. & Webb, J. R. (2003, August). Spirituality and Alcohol Use at Treatment Entry and Six Months. Poster presentation at the 111<sup>th</sup> Annual Convention of the APA, Division 50 – Addictions: Toronto, Ontario, Canada.
10. Toussaint, L. & Webb, J. R. (2003, August). Forgiveness and Health Following the September 11<sup>th</sup>, 2001 Terrorist Attacks. Poster presentation at the 111<sup>th</sup> Annual Conference of the APA, Division 8 – Society for Personality and Social Psychology: Toronto, Ontario, Canada.
11. Toussaint, L. & Webb, J. R. (2003, August). Levels of Forgiveness Following the September 11<sup>th</sup>, 2001 Terrorist Attacks. Poster presentation at the 111<sup>th</sup> Annual Convention of the APA, Division 48 – Society for the Study of Peace, Violence and Conflict: Peace Psychology: Toronto, Ontario, Canada.
12. Webb, J. R., Kalpakjian, C. Z., & Toussaint, L. (2003, September). Forgiveness, Health, and Life-Satisfaction among People with Spinal Cord Injury. *Platform Presentation* at the 17<sup>th</sup> Annual Conference of the AASCIPSW: Las Vegas, Nevada.
13. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2003, October). Forgiveness and Alcohol Related Outcomes among People seeking Substance Abuse Treatment. Paper presentation at the 2003 Scientific Findings about Forgiveness Conference, sponsored by *A Campaign for Forgiveness Research* ([www.forgiving.org](http://www.forgiving.org)): Atlanta, Georgia.

14. Webb, J. R., Toussaint, L., Kalpakjian, C. Z., & Tate, D. G. (2003, October). Forgiveness and Health Promotion among People with Spinal Cord Injury. Paper presentation at the 2003 Scientific Findings about Forgiveness Conference, sponsored by *A Campaign for Forgiveness Research* (www.forgiving.org): Atlanta, Georgia.
15. *Mansfield-Blair, K.*, Toussaint, L., Webb, J. (2003, October). NEO-PI-R Correlates of Dispositional Forgiveness. Paper presentation at the 2003 Scientific Findings about Forgiveness Conference, sponsored by *A Campaign for Forgiveness Research* (www.forgiving.org): Atlanta, Georgia.
16. Toussaint, L., *Brooks, C. W.*, & Webb, J. R. (2003, November). Forgiveness and Health in the Aftermath of September 11th, 2001: Mediating Effects of Anger and Rumination. Poster presentation at the 37<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy (AABT): Boston, Massachusetts.
17. *Mansfield-Blair, K.*, Toussaint, L., & Webb, J. (2004, April). Forgiving the Unforgivable: Individual Differences in Forgiveness of the September 11, 2001 Terrorists. Paper presentation at the 84<sup>th</sup> Annual Convention of the Western Psychological Association: Phoenix, Arizona.
18. Tate, D. G., Kalpakjian, C. Z., Webb, J. R., Toussaint, L., & Walters, J. (2004, May). Forgiveness and Health in Spinal Cord Injury. Oral presentation at the 30<sup>th</sup> Annual Scientific Meeting of the American Spinal Injury Association (ASIA): Denver, Colorado.
19. Robinson, E. A. R., Strobbe, S., Webb, J. R., & Brower, K. J. (2004, June). Predicting Changes in Spirituality and Religiousness from the AA Involvement of a Treatment Sample. Oral presentation at the 2004 State-of-the-Art Mutual-Help Research Conference, A Satellite Session, jointly sponsored by the University of New Mexico Center on Alcoholism, Substance Abuse and Addictions (CASAA) and Alcohol Research Group (ARG), at the 27<sup>th</sup> Annual Scientific Meeting of the RSA: Vancouver, British Columbia, Canada.
20. Tate, D. G., Webb, J. R., Kalpakjian, C. Z., & Toussaint, L. (2004, July). The Role of Forgiveness and Health in Rehabilitation. Poster presentation at the 112<sup>th</sup> Annual Convention of the APA, Division 22 – Rehabilitation Psychology: Honolulu, Hawaii.
21. Webb, J. R., Toussaint, L., Kalpakjian, C. Z., & Tate, D. G. (2004, September). Forgiveness, Health, and Alcohol Use among People with Spinal Cord Injury. *Platform Presentation* at the 18<sup>th</sup> Annual Conference of the AASCIPSW: Las Vegas, Nevada.
22. Webb, J. R., Robinson, E. A. R., Brower, K. J., & Zucker, R. A. (2005, June). Forgiveness and Mental Health Among People Entering Substance Abuse Treatment. Poster presentation at the 28<sup>th</sup> Annual Scientific Meeting of the RSA: Santa Barbara, California.
23. *Ward, D. G.*, Ferrell, S., & Webb, J. (2005, June). Brief Assessment of Readiness to Change Using Primary Care Alcohol Screens. Poster presentation at the 28<sup>th</sup> Annual Scientific Meeting of the RSA: Santa Barbara, California.
24. Webb, J., Toussaint, L., Kalpakjian, C., & Tate, D. (2005, September). Measuring Forgiveness of Oneself and Others in SCI: A Psychometric Evaluation. Poster presentation at the 19<sup>th</sup> Annual Conference of the AASCIPSW: Las Vegas, Nevada.
25. Webb, J. R. & Toussaint, L. (2006, March). Forgiveness, Blame, and Health among College Students. Poster presentation at the 4<sup>th</sup> Annual Mid-Year Research Conference on Religion and Spirituality, Division 36 – Psychology of Religion, of the APA: Columbia, Maryland.
26. Toussaint, L. & Webb, J. R. (2006, May). The Assessment of Multiple Dimensions of Forgiveness. Oral presentation at the 78<sup>th</sup> Annual Conference of the Midwestern Psychological Association (MPA): Chicago, Illinois.
27. Toussaint, L. & Webb, J. R. (2006, May). Associations between Forgiveness and Health in Nondrinkers, Problem Drinkers, and Heavy Drinkers. Oral presentation at the 78<sup>th</sup> Annual Conference of the MPA: Chicago, Illinois.
28. Webb, J. R. & Toussaint, L. (2006, June). Forgiveness, Health, and Drinking among College Students. Poster presentation at the 29<sup>th</sup> Annual Scientific Meeting of the RSA: Baltimore, Maryland.
29. Webb, J. R. & Toussaint, L. (2006, June). Demographic Differences in the Relationship between Forgiveness and College Drinking. Poster presentation at the 29<sup>th</sup> Annual Scientific Meeting of the RSA: Baltimore, Maryland.

30. Webb, J. R. & Brewer, K. (2007, March). Forgiveness and Biopsychosocial Health among College Students. Component of a Symposium presentation (Philip H. Friedman: Forgiveness, Gratitude, Appreciation, Mental and Biopsychosocial Health in Clinical, College Student, and National Adult Populations) at the 5<sup>th</sup> Annual Mid-Year Research Conference on Religion and Spirituality, Division 36 – Psychology of Religion, of the APA: Columbia, Maryland.
31. *Skaggs, D., Webb, J. R., Brooks, R., & Dula, C. S.* (2007, August). Demographic Differences in the Relationship between Religion and Health. Poster presentation at the 115<sup>th</sup> Annual Convention of the APA, Division 12 – Society of Clinical Psychology: San Francisco, California.
32. Webb, J. R. Brewer, K., & *Skaggs, D.* (2007, August). Gender Differences in the Relationship between Forgiveness and Health. Poster presentation at the 115<sup>th</sup> Annual Convention of the APA, Division 38 – Health Psychology: San Francisco, California.
33. *Visser, P. L., Webb, J. R., Pierce, D., & Brewer, K.* (2007, November). Forgiveness and Health Behaviors. Poster presentation at the Tennessee Psychological Association (TPA) Annual Convention: Nashville, Tennessee.
34. *Combs, R., Visser, P. L., Webb, J. R., & Brewer, K.* (2007, November). Forgiveness and Social Support. Poster presentation at the TPA Annual Convention: Nashville, Tennessee.
35. *Visser, P. L., Webb, J. R., Pierce, D., & Brewer, K.* (2007, November). Forgiveness and Interpersonal Problems. Poster presentation at the TPA Annual Convention: Nashville, Tennessee.
36. *Bowery, A., Webb, J. R., Brewer, K., & Drinnon, J.* (2008, February). Forgiveness, Health, and Relationship Quality among College Students. Paper presentation at the 6<sup>th</sup> Annual Mid-Year Research Conference on Religion and Spirituality, Division 36 – Psychology of Religion, of the APA: Columbia, Maryland.
37. *Visser, P. L., Webb, J. R., & Brewer, K.* (2008, March). Forgiveness, Social Support, and Health. Poster presentation at the 6<sup>th</sup> Annual Mid-Year Research Conference on Religion and Spirituality, Division 36 – Psychology of Religion, of the APA: Columbia, Maryland.
38. *Visser, P. L., Webb, J. R., & Brewer, K.* (2008, March). Forgiveness, Health Behaviors, and Health. Poster presentation at the 6<sup>th</sup> Annual Mid-Year Research Conference on Religion and Spirituality, Division 36 – Psychology of Religion, of the APA: Columbia, Maryland.
39. Webb, J. R. & Brewer, K. (2008, March). Temperament and Forgiveness among College Students. Poster presentation at the 6<sup>th</sup> Annual Mid-Year Research Conference on Religion and Spirituality, Division 36 – Psychology of Religion, of the APA: Columbia, Maryland.
40. Robinson, E. A. R., Pierce, L. S., Webb, J. R., & Brower, K. J. (2008, in review). Six-month changes in spirituality and religiousness in a diverse sample of alcoholics and links to drinking, AA involvement, and abstinence goal. Abstract submitted to the 31<sup>st</sup> Annual Scientific Meeting of the RSA: Washington, DC.

#### Regional/Local

1. Webb, J. R. (2002, May). Spirituality and the Impact of Disability in Medical Rehabilitation. 19<sup>th</sup> Annual James Rae Scientific Day sponsored by the Department of Physical Medicine and Rehabilitation, University of Michigan.
2. *Skaggs, D., Webb, J. R., Brooks, R., & Dula, C. S.* (2006, September). Psychosocial Relationships with Chronic Illness. Paper presentation at the 3<sup>rd</sup> Annual Primary Care Research Day, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee.
3. *Skaggs, D., Webb, J. R., Brooks, R., & Dula, C. S.* (2006, September). Personality Traits as Predictors of Forgiveness Dimensions. Poster presentation at the 3<sup>rd</sup> Annual Primary Care Research Day, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee.
4. Webb, J. R., Brewer, K., & *Skaggs, D.* (2006, September). Forgiveness and Health Indicators among Community College Students. Paper presentation at the 3<sup>rd</sup> Annual Primary Care Research Day, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee.
5. Brewer, K., Webb, J. R., & *Skaggs, D.* (2006, September). Forgiveness and Alcohol Problems among Community College Students. Poster presentation at the 3<sup>rd</sup> Annual Primary Care Research Day, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee.

## Invited

1. Webb, J. R. (1997, March). Religious Issues in Psychology. Training Meeting Inservice. West County Counseling Center, Huntington Beach Community Clinic. Huntington Beach, California.
2. Webb, J. R. & Caldwell, C. (1997, October). Depression and Self-Esteem. Church Group. Provo, Utah.
3. Webb, J. R. (1998, February). Maintaining Good Mental Health. Church Group. Provo, Utah.
4. Webb, J. R. (2001, June). Empirical Evidence of the Dynamics of Forgiveness. Advanced Rehabilitation Research Training Program, Advisory Council Meeting. Department of Physical Medicine and Rehabilitation, University of Michigan.
5. Webb, J. R. (2001, November). The Impact of Forgiveness on Health. Advanced Rehabilitation Research Training Program, Site Visit. Office of Rehabilitation and Disability Studies, Michigan State University.
6. Webb, J. R. (2002, December). Forgiveness and Spinal Cord Injury. Advanced Rehabilitation Research Training Program, Research Seminar. Department of Physical Medicine and Rehabilitation, Division of Rehabilitation Psychology and Neuropsychology, University of Michigan.
7. Webb, J. R. (2003, March). Forgiveness and the Promotion of Health in Medical Rehabilitation: Implications for Cancer Treatment. University of Michigan Cancer Center Quality of Life Research Forum, Department of Oncology, University of Michigan.
8. Webb, J. R. (2004, January). Forgiveness and Health Related Issues among People with Spinal Cord Injury. SCI Lecture Series, University of Michigan Model Spinal Cord Injury Care System, Department of Physical Medicine and Rehabilitation, University of Michigan.
9. Kayo, R. & Webb, J. R. (2004, July). Suicidal Risk and Protective Factors. Oklahoma City Indian Clinic. Oklahoma City, Oklahoma.
10. Webb, J. R. (2005, January). Forgiveness and Problems with Alcohol among People Entering Outpatient Substance Abuse Treatment. 17<sup>th</sup> Annual Oklahoma Substance Abuse Conference, *Partners for Recovery and Prevention: Creating Healthy Families and Communities*. Tulsa, Oklahoma.
11. Webb, J. R. (2005, February). Understanding the Relationships between Forgiveness, Health, and Well-Being. Center for the Study of Health, Religion, and Spirituality, Department of Psychology, Indiana State University, Terre Haute, Indiana.
12. Webb, J. R. (2005, February). Schizophrenia, Bipolar, or PTSD: Diagnostic Considerations and Treatment Recommendations. Department of Psychology, Indiana State University, Terre Haute, Indiana.
13. Webb, J. R. (2005, February). Forgiveness, Health, and Alcohol Use. Teaching Conference, Department of Psychiatry and Behavioral Sciences, University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma.
14. Webb, J. R. (2005, May). Core Conditions of Counseling. Hazelden Graduate School of Addiction Studies, Hazelden Foundation, Center City, Minnesota.
15. Webb, J. R. (2005, May). Forgiveness, Mental Health, and Alcohol Use. Department of Psychology, East Tennessee State University, Johnson City, Tennessee.
16. Webb, J. R. (2006, January). Psychological Study of Spirituality and Forgiveness. Spirituality Group. Jonesborough, Tennessee.
17. Webb, J. R. (2006, October). Forgiveness and Health: An Overview. Intermountain Psychological Association. Johnson City, Tennessee.

## **CLINICAL FIELD TRAINING**

### **Professional Psychology Intern**

Brigham Young University  
Counseling and Career Center (CCC) (1997-1998)  
APA Accreditation: FULL

#### Primary Responsibilities

- Intake evaluations, individual, couple, and group therapy with full-time students.
- Workshops, outreach, and consultation with university community.
- Counselor On Duty coverage of CCC and university community emergencies.

- Presenting problems included; depression, anxiety, eating disorders, sexual abuse, chronic pain, family of origin issues, perfectionism, and marital discord.

#### Committee Work

- Research, Training Liaison, and Intern Selection

#### Rotations

- Required: Student Health Center and Assessment
- Optional: Stress Management/Bio-Feedback, Teaching, Career, and Housing

#### **Psychology Intern**

Huntington Beach Community Clinic  
West County Counseling Center (1996-1997)  
Huntington Beach, California  
- Intake evaluations and individual and couples therapy.

#### **Psychology Practicum Student**

Orange County Health Care Agency  
North Main Alcohol and Drug Abuse Services (1995-1996)  
Santa Ana, California  
- Intake evaluations and individual and group therapy with CD and dual dx clients.

#### **Psychology Assessment Clerk**

Los Angeles City College (1994-1995)  
Los Angeles, California  
- Psychoeducational assessment in the Learning Disabilities Program.

#### **Marriage, Family, and Child Counselor (MFCC) Trainee**

Community Psychiatric Center Santa Ana Hospital (1992-1993)  
Santa Ana, California  
- Individual and group counseling with adolescent and adult inpatients.  
- Psychological assessment with adolescent inpatients.

#### **MFCC Trainee**

College Health Resource Center (1992)  
Fountain Valley, California  
- Individual, marriage, family, and child counseling.

#### **Volunteer Phone Worker**

Utah Valley Crisis Line (1990-1991)  
Provo/Orem, Utah  
- Issues included; adjustment, depression, mania, incest, sexuality, and suicide.

### **ADDITIONAL EXPERIENCE**

#### **Clinical**

#### **Acting Clinic Director**

East Tennessee State University (2008-present)  
Department of Psychology  
Center for Behavioral Health and Wellness  
Johnson City, Tennessee  
- Clinical Psychology PhD training clinic

#### **Consulting Psychologist**

The Overcome Foundation (2007-present)  
Johnson City, Tennessee  
- Alternative re-entry program for people on probation and parole.  
- Assessment, psychological testing, and counseling.

#### **Consulting Psychologist**

Eagle Ridge Family Treatment Center (2004-2005)  
Guthrie, Oklahoma  
- Residential CD treatment center for women with their children.  
- Evaluation, assessment, and psychological testing.

#### **Staff Psychologist**

Northbrook Psychological Clinic (2003)  
Novi, Michigan  
- Couples psychotherapy.

#### **Staff Psychologist**

Oakland Psychological Clinic, P. C. (1999)  
Fraser and Bloomfield Hills, Michigan  
- Individual and couples psychotherapy and CD treatment.

#### **Staff Therapist**

Brigham Young University (1998)  
Counseling and Career Center  
- Intake evaluations, individual and couples therapy, and crisis intervention.

<b>Behavioral Specialist</b>	College Hospital - Costa Mesa (1992-1995) Costa Mesa, California. - Crisis Stabilization, Intensive Care, and Adolescent psychiatric inpatient units.
<b>Assistant Social Worker</b>	Community Psychiatric Center Santa Ana Hospital (1993-1994) - Group therapy with adult and adolescent inpatients and adult partial-hospitalization patients.
<b>Teaching</b>	
<b>Assistant Professor</b>	East Tennessee State University (2005-present) Department of Psychology
	<u>Undergraduate</u>
	- PSYC 1310, Introduction to Psychology Fall 2005, 2006, 2007 Spring 2006, 2007 Summer 2006, 2007
	- PSYC 3200/01, Principles of Psychological Research/Lab Fall 2007, 2008
	- PSYC 4100, Introduction to Personality Fall 2006 (2 sections) Spring 2007, 2008 Summer 2007
	<u>Graduate</u>
	- PSYC 5210, Statistical Methods Fall 2005
	- PSYC 5220, Personality Theory (Personality Theory and Treatment Models: as of 2008) Spring 2006, 2007, 2008
<b>Clinical Assistant Professor</b>	University of Oklahoma Health Sciences Center (2004-2005) Department of Psychiatry and Behavioral Sciences - Human Behavior II, Literature and Medicine (Depression), March 1, 2005 - Human Behavior I, Fetal Alcohol Syndrome, February 16, 2005 - CD Psychotherapy Conference, Spirituality and 12-Step Model of Recovery, December 13, 2004 - Human Behavior I, Spirituality and Medicine, October 5 & 12, 2004 - CD Seminar, Clinical Research: Theory and Practice, September 3, 2004 - CD Seminar, Exploring the Relationship between Forgiveness and Problems with Alcohol, February 6, 2004
<b>Lecturer</b>	University of Michigan (2001-2002) Department of Psychology - Psychology 270, Introduction to Psychopathology: Fall 2002 - Psychology 370, Introduction to Psychopathology: Winter 2002 - Psychology 111, Introduction to Psychology: Fall 2001
<b>Psychology Fellow</b>	Kaiser Permanente – San Rafael Medical Center (1999-2000) Department of Psychiatry: Chemical Dependency Services - Chemical Dependency Education and Prevention Course
<b>Professional Psychology Intern</b>	Brigham Young University (1998) Counseling and Career Center Teaching Rotation - Student Development 110, Effective Study and Learning, Winter - Student Development 117, University and Career Exploration, Winter

### Administration

East Tennessee State University (2005-present)  
University Level  
- Graduate Council (2008-present)  
- Research Development Committee (2007-present)  
College of Arts and Sciences  
- Faculty Council (2007-present)

#### Department of Psychology

- Clinic Director, Center for Behavioral Health and Wellness (2008-present)
- Course Coordinator for PSYC 3200/01 - Principles of Psychological Research/Lab (2007-present)
- Library Representative (2006-present)
- Psychology Club, Faculty Advisor (2006-present)
- Faculty Search Committee, Cognitive (2006-2007)
- Academic Quality Initiative Committee (2005-present)
- Faculty Search Committee, Clinical (2005-2007)
- Faculty Search Committee, Experimental (2005-2006)

#### University of Oklahoma Health Sciences Center (2004-2005)

##### University Level

- Tobacco-Free Task Force (2005 only)

##### Department of Psychiatry and Behavioral Sciences

- Director, Addiction Psychology and Research (within the CD Fellowship)
- CD Fellowship Executive Committee
- Research Council
- Alcohol Research Committee, Executive Committee
- Clinical Training Committee
- Postdoctoral Fellow Training Committee
- Biopsychology Faculty Committee

### **Honors/Thesis/Dissertation Supervision**

#### East Tennessee State University (2005-present)

##### *Honors programs*

1. Winter, Alison (2008). Feeling of belongingness and the influence it has on self-control. Department of Psychology, University Honors Scholars undergraduate program. *Reader*
2. Bowery, Amanda (2008). The effects of forgiveness education on health and relationship quality. Department of Psychology, Honors-in-Discipline undergraduate program. *Faculty Mentor*
3. Holman, Leslie (current). Title: To be determined. Department of Psychology, Midway Honors Scholars undergraduate program. *Faculty Mentor*
4. Mullins, Jordan (current). Title: To be determined. Department of Psychology, Honors-in-Discipline undergraduate program. *Faculty Mentor*

##### *Theses*

1. Richardson, Rishi (2008). Creating destiny: Crafting a historical tale based upon the life of Emmeline B. Wells. Department of Curriculum and Instruction, M. A. program in Storytelling. *Committee Member*
2. Patel, Chandni (2008). Reliability generalization of the Alcohol Use Disorders Identification Test. Department of Psychology, M. A. program in Clinical Psychology. *Committee Member*
3. Skay, Amber (current). Working title: Depression and anxiety among former Jehovah's Witnesses. Department of Psychology, M. A. program in General Psychology. *Committee Member*
4. Brooks, Rebecca (current). Working title: Religiousness, coping, and locus of control as predictors of anxiety. Department of Psychology, M. A. program in Clinical Psychology. *Committee Chair*
5. Wells, Leisa (current). Working title: Mindfulness in the treatment of Obsessive Compulsive Disorder. Department of Psychology, M. A. program in Clinical Psychology. *Committee Chair*
6. Rife, Sean (current). Title: To be determined. Department of Psychology, M. A. program in General Psychology. *Committee Member*
7. Nelson, Brian (current). Title: To be determined. Department of Psychology, M. A. program in General Psychology. *Committee Member*
8. Visser, Preston (current). Hope, optimism, religiosity, and spirituality as moderators in the relationship between negative life events and depressive symptoms in an ethnically diverse college. Department of Psychology, Ph. D. program (Masters Thesis) in Clinical Psychology. *Committee Member*

## *Dissertations*

1. Akata, Gerald (2008). Leadership in the Niger Delta region of Nigeria: A study of the perceptions of its impact on the acquired leadership skills of expatriate Nigerian postgraduates. Department of Educational Leadership and Policy Analysis, Ed. D. program in Educational Leadership.  
*Committee Member*

## **PROFESSIONAL ACTIVITIES**

### **Licensure**

State of Tennessee  
PSYCHOLOGIST – Health Service Provider  
License: 2762

State of Michigan  
PSYCHOLOGIST  
License: 010956

State of Oklahoma  
HEALTH SERVICE PSYCHOLOGIST  
License: 968 – inactive

### **Service**

Tennessee Department of Mental Health and Developmental Disabilities  
Adult Best Practices Revision Committee (2008-present)  
- Anxiety Disorders sub-committee; Chair  
- Substance Abuse Disorders sub-committee; member

Oklahoma Department of Mental Health and Substance Abuse Services  
Co-Occurring Substance Related and Mental Disorders Grant  
Advisory Council (2004-2005)  
- Substance Abuse and Mental Health Services Administration (SAMHSA)

### **Development**

East Tennessee State University  
Faculty Grant Leadership Course (2007-2008)  
GRAD 7820, 7830 – Research Grant Development I, II

East Tennessee State University Master Teacher [2-day] Workshop (2007)  
- Dr. Harvey J. Brightman, Georgia State University

East Tennessee State University  
Faculty Technology Leadership Course (2006-2007)  
MEDA 5860, 5870 – Technology Leadership in Higher Education I, II

### **Affiliations**

American Psychological Association  
Research Society on Alcoholism  
Intermountain Psychological Association

### **Manuscript Review**

Personality and Individual Differences (2006)  
International Journal of Psychology (2003)

### **Interviews and Press**

Johnson City Press (June 14, 2008)  
Johnson City Press (February 3, 2008)  
Science and Theology News (December 2003 Issue)  
The Edmonton Journal (October 13, 2003)  
Hometown Radio News Program (111<sup>th</sup> Annual APA Convention, August 2003)

## **PROFESSIONAL INTERESTS**

Spirituality; Addiction; Temperament; Medical Rehabilitation; Rational-Emotive Behavior Therapy